








Byron Wood Academy Weekly Menu-Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 	Beef Bolognese With penne pasta G MK	Chicken curry with rice	Roast chicken breast with Yorkshire pudding G	Hot dog in a soft roll G	Fish and chips G , F
Vegetarian option 	Roasted vegetable pasta G	Crispy vegetable Samosa G	Tuscan bean casserole	Vegetable cannelloni in a tomato sauce G , MK	Cheese and onion pasty G MK
Vegetables and starch 	Pasta Mixed vegetables G	Steamed white rice Mixed vegetables	Roast potatoes Mixed vegetable's	Crispy potato wedges	Chips Baked Beans
Sandwiches 	Choice of – Egg Tuna Cheese G , E, MK	Choice of – Egg Tuna Cheese G , E, MK	Choice of – Egg Tuna Cheese G , E, MK	Choice of – Egg Tuna Cheese G , E, MK	Choice of – Egg Tuna Cheese G , E, MK
Desserts 	Chocolate sponge cake G , E, MK	Rice crispy square MK	Rice pudding with homemade jam MK	Cornflake tart G	Vanilla ice cream mk

All our food is halal and is cooked fresh on site, we welcome any feedback from both students and parents

Gluten=G Eggs=E Fish=F molluscs=M soybeans=S peanuts=P nuts=N milk=MK celery=C mustard=M sesame seeds=SS sulphites=SP lupin=L crustaceans=C

Fresh everyday - A Choice of Sandwiches, jacket potatoes, yoghurts and fresh fruit

