








Byron Wood Academy Weekly Menu-Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 	Lamb burger with ketchup G,MK	Chicken cooked in a BBQ sauce	Baked chicken sausage with Yorkshire pudding G ,MK	Meatball's in a tomato sauce MK,G	Fish fingers and chips G
Vegetarian option 	Vegetable burger G	Vegetable korma	Vegetable and pesto pasta G	Roasted cauliflower curry	Spanish tortilla MK, E
Vegetables and starch 	Potato wedges Mixed vegetables	Steamed white rice Mixed vegetables	Mixed steamed vegetables	Steamed white rice Mixed vegetables	Chips Baked beans
Sandwiches 	Choice of – Cheese Tuna Egg G,MK,E	Choice of – Cheese Tuna Egg G,MK,E	Choice of – Cheese Tuna Egg G,MK,E	Choice of – Cheese Tuna Egg G,MK,E	Choice of – Cheese Tuna Egg G,MK,E
Desserts 	Syrup sponge and custard G Mk	Strawberry mousse Mk,	Shortbread biscuit G	Fruit yoghurt MK	Vanilla ice cream MK

All our food is halal and is cooked fresh on site, we welcome any feedback from both students and parents

Fresh everyday - A Choice of Sandwiches, jacket potatoes, yoghurts and fresh fruit.

Gluten=G Eggs=E Fish=F molluscs=M soybeans=S peanuts=P nuts=N milk=MK celery=C mustard=M sesame seeds=SS sulphites=SP lupin=L crustaceans=C

