

Year 3 RSE Curriculum Byron Wood Primary Academy

These are the topics that will be taught throughout the year, along with the content of each topic. Each topic is expected to be taught for between 1 and 3 afternoons.

They are likely to be taught in this order, although this is at the discretion of the class teachers, depending on the needs of the class.

What Makes A Family?

Do families always stay the same?

That families can change.

That parents can split up and people can die.

That these events are not the fault of the child.

Are all families like mine?

That there are many differences between families and all families are unique.

- Special characteristics include: religion, food, music, culture, customs and traditions, languages, disability, wealth, number/gender of siblings, number/gender of parents, living arrangements, fostering, adoption, young carers.
- Who do you know that wears a hijab? Do you know why they wear a hijab? When do they wear a hijab?

That there are far more similarities than there are differences.

- What are the things that most families have in common? (Love, kindness, respect, safety)

There is no one set family structure.

That any type of family can provide love and support.

Keeping Friendships healthy

What makes a good friend?

That we have responsibilities to our friends.

That other people's emotions are important.

That our actions can affect other people's feelings.

What we can do to maintain healthy relationships.

Online Safety

Online strangers

That people on the internet are not always who they say they are, and may have malicious intentions.

Sharing Online

That we must keep our personal information safe.

Friendship Online

How to be kind in online social environments.

That peer pressure can make us do inappropriate or unkind things.

That friends should behave in a certain way, whether they are online or offline.

Become more familiar with the term 'Fake News'.

Personal Information

Have a more thorough and sophisticated understanding of personal information.

That websites store a lot of our information.

Understanding My Feelings

How do I manage my feelings?

The range and depth of feelings that we all experience.

Strategies to deal with these feelings and know when to seek support.

That we have responsibilities for some things but cannot control everything.

Staying Healthy

How do I keep my body healthy?

The reasons why active lifestyles and healthy diets can have a positive effect on our lives.

That they need to balance choices that are 'good for them' and choices that bring joy.

How to make informed choices about the activities they do and the things they eat.

The importance of getting enough sleep (what might stop you from getting the right amount?)

How do I eat a healthy diet?

What is a balanced diet?

What foods should we try and include in our diets?

What foods should we avoid?

How I stop getting ill?

The importance of hygiene, especially hand washing.

How to keep our teeth healthy.

The dangers of diseases caused by the sun and how to stay safe from these.