

## **Year 4 RSE Curriculum Byron Wood Primary Academy**

These are the topics that will be taught throughout the year, along with the content of each topic. Each topic is expected to be taught for between 1 and 3 afternoons.

They are likely to be taught in this order, although this is at the discretion of the class teachers, depending on the needs of the class.

### **What Makes A Family?**

#### **How should we treat people who are different?**

That all people deserve respect, even if they are different to other people.

Appreciate that we all have different abilities and find different things challenging.

That these events are not the fault of the child.

### **Keeping Friendships healthy**

#### **Are all friends the same?**

That differences (such as gender, race, religion, culture, sexuality and (dis)ability) should not inhibit friendship or cause negative treatment.

The similarities and differences between boys and girls, including basic ideas about gender.

What is discrimination? Why do people discriminate against others?

#### **Are friendships always fun?**

That relationships come with a mixture of positive and negative emotions.

That friendships are not always perfect.

That it is normal to disagree with your friends.

Techniques to deal with conflict within friendships.

When a relationship is unhealthy and support is required.

## Our Communities

### How do we make the world fair?

What is meant by 'the rule of law'?

The basics of how laws are made and enforced.

The reasons why we need laws and that these are not always the same for everyone (some people need more protection - for example children).

That the world is not fair and it is our responsibility to help those less fortunate that the world is not fair and it is our responsibility to help those less fortunate.

Our common values.

### Where do you feel like you belong?

That we are all part of a wider community of people, who we rely on.

We have a responsibility to support other people in our community when we are able to.

That we should treat the people in our community with respect.

That biological parents ("Tummy mummy" and "birth dad") are not always the people that look after a child.

That the people you live with are not always part of your 'birth family' (adopted/foster care, carers).

### How can we help the people around us?

That we have the power and responsibility to make our communities better places to live.

Our community supports us by providing shops for food, cleaners to keep our areas tidy, schools for education and hospitals for healthcare.

## **Online Safety**

### **Digital Media**

Become more digitally literate by being able to analyse digital content.

- Where do you get your news?
- Why does The Media exist? [To make money and spread viewpoints]
- What are headlines and why do they exist?

### **Verifying content**

That information online must be checked before it is believed.

Some of the motivations behind putting false things online.

## **Understanding My Feelings**

### **Are we happy all the time?**

The range of negative emotions that we can have.

What to do if we experience low moods.

How to build self esteem.

## **Staying Healthy**

### **How do I save a life?**

Know basic first aid techniques.

How to react in emergency situations.

When and how to make an emergency 999 call.