

Byron Wood Primary Academy

Safeguarding Curriculum

Key Stage 2

| | Year 3 | Year 4 | Year 5 | Year 6 |
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| Bullying | <u>RSE</u> <ul style="list-style-type: none"> What makes a good friend? | <u>RSE</u> <ul style="list-style-type: none"> Are friendships always fun? | <u>RSE</u> <ul style="list-style-type: none"> Should friends tell us what to do? Why are some people unkind? | <u>PHSE</u> <ul style="list-style-type: none"> How do friendships change as we get older? |
| | <u>Assemblies</u> Anti-bullying Week Bullying awareness – what should you do if you are being bullied or know someone is being bullied? | | | |
| Child Sexual Exploitation & Harmful Sexual Behaviour (inc FGM) | <u>PHSE</u> <ul style="list-style-type: none"> What should we do if someone treats us in a way that we don't like? | <u>PHSE</u> <ul style="list-style-type: none"> What do caring relationships look like in a family? (including commitment, care, spending time together; being there for each other in times of difficulty) | <u>RSE</u> <ul style="list-style-type: none"> Are families ever perfect? <ul style="list-style-type: none"> Understand the concept of consent That "My body belongs to me" (private parts, exceptions (doctors), FGM prevention) | <u>PHSE</u> <ul style="list-style-type: none"> What are the different ways families care for each other? (including commitment, care, spending time together; being there for each other in times of difficulty) |
| Discrimination & Homophobia | <u>RSE</u> <ul style="list-style-type: none"> Are all families like mine? | <u>RSE</u> <ul style="list-style-type: none"> How should we treat people who are different? Are all friends the same? Where do you feel like you belong? | <u>RSE</u> <ul style="list-style-type: none"> Is there such a thing as a normal family? Can we be different and still be friends? | <u>RSE</u> <ul style="list-style-type: none"> How can I accept my friends for who they are? What is prejudice? |

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| | | | | <ul style="list-style-type: none"> • What is the history of prejudice? • What should I do if I encounter prejudice? • Who belongs in our country? • What does it mean to be British? • Bias online |
| | <u>Assemblies</u> Black History Month Dyslexia Awareness Autism Awareness Refugee Week | | | |
| Domestic Violence / Safe Relationships | <u>RSE</u> <ul style="list-style-type: none"> • Do families always stay the same? • Are all families like mine? • What makes a good friend? • Online strangers • Sharing Online • Friendship Online | <u>RSE</u> <ul style="list-style-type: none"> • Are all friends the same? • Are friendships always fun? • Where do you feel like you belong? <u>PHSE</u> <ul style="list-style-type: none"> • What do caring relationships look like in a family? (including commitment, care, spending time together; being there for each other in times of difficulty) | <u>RSE</u> <ul style="list-style-type: none"> • Why do some people get married? • Are families ever perfect? • Is there such a thing as a normal family? • What makes a close friend? • Should friends tell us what to do? • Why are some people unkind? • Control and consent • Meeting strangers online • Why do we argue? | <u>RSE</u> <ul style="list-style-type: none"> • How can I accept my friends for who they are? • Why do some people take drugs? <ul style="list-style-type: none"> ○ What can be the effects of drug addiction? [People with addictions may have mood swings, which can make it difficult to maintain positive relationships, meaning that they can end up losing their family and friends] ○ What are the risks of drinking alcohol? [Alcohol increases your chances of: Cancer, Stroke, Heart disease, Liver disease, |

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| | | | | <p>Brain damage, Mental health problems, such as depression]</p> <p>○ Why is smoking bad for your health? [Smoking causes a wide range of physical problems, such as heart and lung disease. It can negatively affect nearly every part of your body, including your skin, internal organs and brain.]</p> <p><u>PHSE</u></p> <ul style="list-style-type: none"> • What are the different ways families care for each other? (including commitment, care, spending time together; being there for each other in times of difficulty) |
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| Alcohol & Drug Awareness | <u>PHSE</u> <ul style="list-style-type: none"> • What are medicines for? • What substances might I find at home that could be dangerous? • How do I know I'm using medicines correctly? | <u>PHSE</u> <ul style="list-style-type: none"> • What are the laws about using drugs? | <u>PHSE</u> <ul style="list-style-type: none"> • Why do some people choose to use drugs? | <u>RSE</u> <ul style="list-style-type: none"> • Why do some people take drugs? • Where should I get my health information? <u>PHSE</u> <ul style="list-style-type: none"> • How are different drugs portrayed in the media? How can that be confusing? • Where can I go for help if I, or someone I know has a problem with drugs? |
| E-Safety | <u>RSE</u> <ul style="list-style-type: none"> • Online strangers • Sharing Online • Friendship Online • Personal Information <u>Computing</u> <ul style="list-style-type: none"> • How am I connected both in real life to family/friends and online to other people. • How can digital devices help us? • How can we use digital devices safely? | <u>RSE</u> <ul style="list-style-type: none"> • Digital Media • Verifying content <u>Computing</u> <ul style="list-style-type: none"> • Can I believe what is read online? • Can anyone put anything online? • Sharing information like news articles • Putting your own content on the internet | <u>RSE</u> <ul style="list-style-type: none"> • Control and consent • Protecting our identity • Meeting strangers online • Personal Information, terms and conditions • Analysing Digital Media <u>PHSE</u> <ul style="list-style-type: none"> • Why do internet sites show me certain information? <u>Computing</u> <ul style="list-style-type: none"> • Searching online safely and effectively, being more | <u>RSE</u> <ul style="list-style-type: none"> • Bias • Echo Chambers • Does the internet make us happy? <u>PHSE</u> <ul style="list-style-type: none"> • How do internet sites target their information for me? <u>Computing</u> <ul style="list-style-type: none"> • Online adverts • Age limits for certain sites like social media |

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| | | | <p>precise about what you are searching for.</p> <ul style="list-style-type: none"> • How search engines rank results • How to select the correct search results. • How search results can be influenced by companies paying to be near the top. • Needing consent to film or take pictures of people. | <ul style="list-style-type: none"> • How we communicate online • Appropriate sharing of information online, what should you do and not do? • Is everything online free to reuse and share – copywrite • Sharing a link to something – that information you share can change and you won't know or the website might not be secure • Working collaboratively online |
| | Assemblies Safer Internet Day | | | |
| First Aid | <u>RSE</u> <ul style="list-style-type: none"> • How do I get help if someone is hurt? | <u>RSE</u> <ul style="list-style-type: none"> • How do I save a life? | <u>RSE</u> <ul style="list-style-type: none"> • What First Aid techniques do I know? | <u>RSE</u> <ul style="list-style-type: none"> • How do I save a life? |
| Diversity & Inclusion | <u>RSE</u> <ul style="list-style-type: none"> • Do families always stay the same? • Are all families like mine? • What makes a good friend? | <u>RSE</u> <ul style="list-style-type: none"> • How should we treat people who are different? • Are all friends the same? • How do we make the world fair? • Where do you feel like you belong? | <u>RSE</u> <ul style="list-style-type: none"> • Why do some people get married? • Are families ever perfect? • Is there such a thing as a normal family? • Can we be different and still be friends? | <u>RSE</u> <ul style="list-style-type: none"> • What are stereotypes? • How can I accept my friends for who they are? • What is prejudice? • What should I do if I encounter prejudice? |

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| | | <ul style="list-style-type: none"> How can we help the people around us? | <ul style="list-style-type: none"> Is there such a thing as the perfect body? | <ul style="list-style-type: none"> Who belongs in our country? What does it mean to be British? |
| | <u>Assemblies</u> Black History Month Dyslexia Awareness Autism Awareness Refugee Week | | | |
| Hygiene | <u>RSE</u> <ul style="list-style-type: none"> How do I keep my body healthy? How do I stop getting ill? | <u>Science</u> <ul style="list-style-type: none"> How do we keep our bodies healthy? | <u>RSE</u> <ul style="list-style-type: none"> How can I stay fit and healthy? Can I avoid getting ill? | <u>RSE</u> <ul style="list-style-type: none"> How do I stay clean as I get older? |
| Keeping Safe (fire, road, water, rail) | <u>PSHE</u> <ul style="list-style-type: none"> How to keep safe on the roads | <u>PSHE</u> <ul style="list-style-type: none"> How do you recognise when a situation is unsafe? | <u>PSHE</u> <ul style="list-style-type: none"> Fire safety in the home | <u>RSE</u> <ul style="list-style-type: none"> How do I save a life? <ul style="list-style-type: none"> How to identify common hazards |
| | <u>Assemblies</u> Road Safety 10 Day Active Travel Challenge <u>Workshops</u> Sheffield City Council Road Safety Officer | | | |
| Mental Health Awareness | <u>RSE</u> <ul style="list-style-type: none"> How do I manage my feelings? <u>PHSE</u> <ul style="list-style-type: none"> How can I ask for help if I feel lonely? | <u>RSE</u> <ul style="list-style-type: none"> Are we happy all the time? <u>PHSE</u> <ul style="list-style-type: none"> How should I deal with setbacks? | <u>RSE</u> <ul style="list-style-type: none"> Does everybody have the same feelings? Should we be happy all the time? Why do we argue? Who am I? | <u>PHSE</u> <ul style="list-style-type: none"> Is there such a thing as failure? How can I reframe unhelpful thinking? |

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| | | | | <ul style="list-style-type: none"> What can I ask for help when I'm feeling down? |
| | <u>Assemblies</u> Children's Mental Health Week Mental Health Week | | | |
| Preventing Radicalisation | <u>RSE</u> <ul style="list-style-type: none"> Online strangers Verifying content <u>PHSE</u> <ul style="list-style-type: none"> How can I ask for help if I feel lonely? | <u>PSHE</u> <ul style="list-style-type: none"> Who are my friends? Who can I ask for help? | <u>RSE</u> <ul style="list-style-type: none"> Meeting strangers online | <u>PSHE</u> <ul style="list-style-type: none"> What can I do when I feel I am being pressured? How can I ask for help? Do my friends always have my best interests at heart? |