	Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
	Knowledge	Exemplification	Knowledge	Exemplification	Knowledge	Exemplification	Knowledge	Exemplification	Knowledge	Exemplification	Knowledge	Exemplification
Relationships – Friends – Keeping friendships healthy	**Who is my friend?**		**How do we stop bullying?**		**What makes a good friend?**		**Are all friends the same?**		**What makes a close friend?**		**What are stereotypes?**	
	That there is a difference between close friends, friends, acquaintances and strangers	How many friends should you have? (the number doesn't matter, it's how well they treat you, how well you know them, and how much you can trust them that matters). Look at the 'circle of friends' using: https://www.edplace.com/blog/send/how-to-create-a-circle-of-friendship	How to empathise with other people and why bullying is so hurtful	Discuss that there is a range of ways people can bully others. Discuss why each type of bullying is so bad (physical, emotional, cyber, group, disability, race, minority etc.) Discuss how this affects people. It makes them sad, lonely, isolated and it takes a very long time, after the bullying has stopped) for people to feel better about it.	That we have responsibilities to our friends	Book: Be Kind By Pat Zietlow Miler (2018)	That differences (such as gender, race, religion, culture, sexuality and (dis)ability) should not inhibit friendship or cause negative treatment	Class Discussion: What festivals do Muslims celebrate? Can you think of any other religions that celebrate a festival? [Christianity: Christmas and Easter Hinduism: Holi and Diwali Judaism: Passover and Hanukkah] Are these celebrated similarly or differently? Are there any differences or similarities between the different faiths?	What it takes to be a good friend	What constitutes a positive healthy friendship (e.g. mutual respect, trust, truthfulness, loyalty, kindness, generosity, sharing interests and experiences, support with problems and difficulties); that the same principles apply to online friendships as to face-to-face relationships	What stereotypes are	What are stereotypes? -A stereotype is an expectation of someone based on what they look like or what lifestyle they lead, rather than what they do. What are the most common stereotypes? [Sadly, a lot of stereotypes exist about: ethnicity, gender, religion, disability, wealth, number/gender of parents, sexuality]
			Which types of bullying are the worst	Order types of bullying, also discuss that all bullying is bad and not acceptable.	That other people's emotions are important	Why is it so important to be kind to the people around us? [To make them feel safe, because other people feel things just as much as we do, our actions affect other people, they will be nicer to us]; What can we do around school to be a good friend?		https://www.bbc.co.uk/bitesize/topics/spdtsbk/articles/zjc2bdm	How to empathise with people who are excluded	Recognise that healthy friendships make people feel included; someone who is excluded might feel lonely; discuss strategies for how to include them	How to critique media and identify stereotypes in the world around them	Why are stereotypes so harmful? [They make discrimination more easy. There is still a lot of discrimination and prejudice in the world. We need to identify and challenge stereotypes to make the world a fairer place]
					That our actions can affect other people's feelings	What makes a good friend? [make us feel happy and safe, trust, respect, honesty, kindness, generosity, sharing interests and experiences, supporting us with problems, welcoming of others]	The similarities and differences between boys and girls, including basic ideas about gender	Book: Are You a Boy or Are You a Girl? By Sarah Savage			How to challenge stereotypes when they see them	What jobs/careers do you sterotype as being 'for' a certain gender? [Female: nurse, teacher] [Male: doctor, engineer, scientist] How can you challenge stereotypes? [Going into a career that interests you, being who you want to be, encouraging others