



Key question



Sheffield ILS eLearning Service

Improving outcomes . Embracing technology



What makes a good friend?





Key Vocabulary



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Can you read these words?

Happy





Key Vocabulary



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Can you read these words?

Safe





Key Vocabulary



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Can you read these words?

Trust





Key Vocabulary



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Can you read these words?

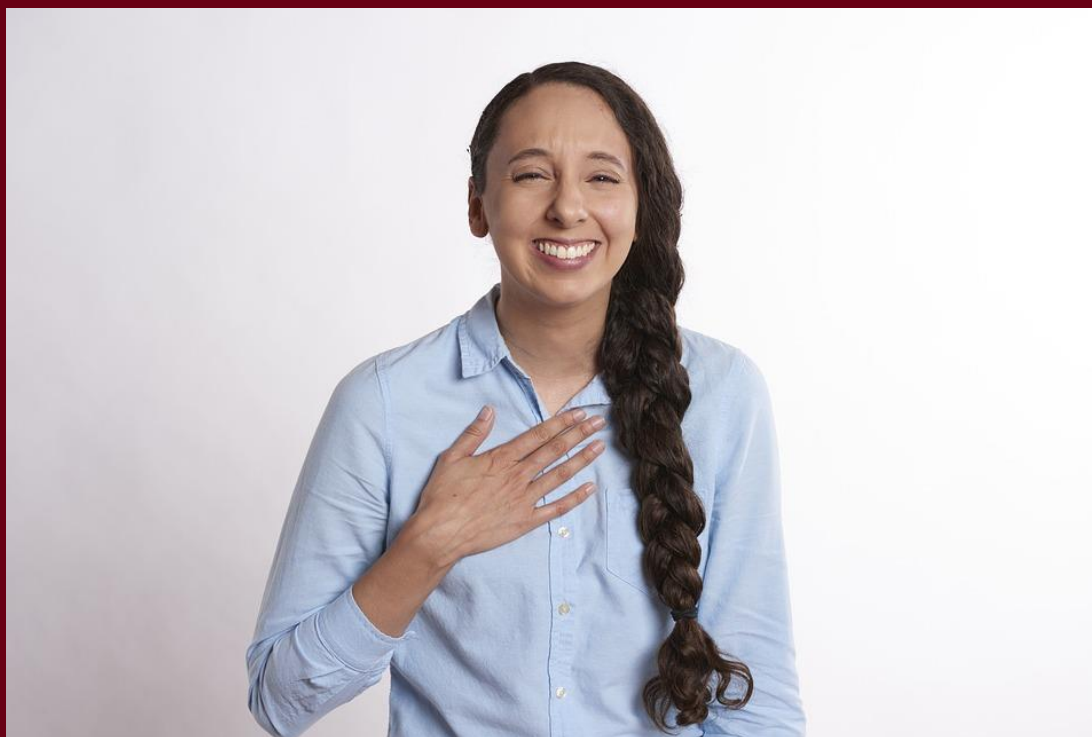
Respect





Can you read these words?

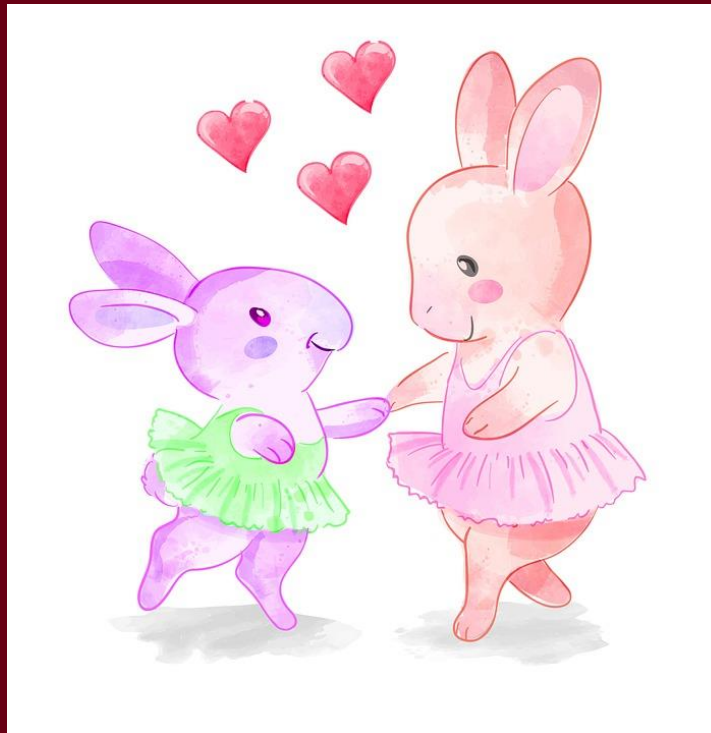
Honesty





Can you read these words?

Kindness





Key Vocabulary



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Can you read these words?

Generosity





Key Vocabulary



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Can you read these words?

Interests





Key Vocabulary



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Can you read these words?

Experiences





Key Vocabulary



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Can you read these words?

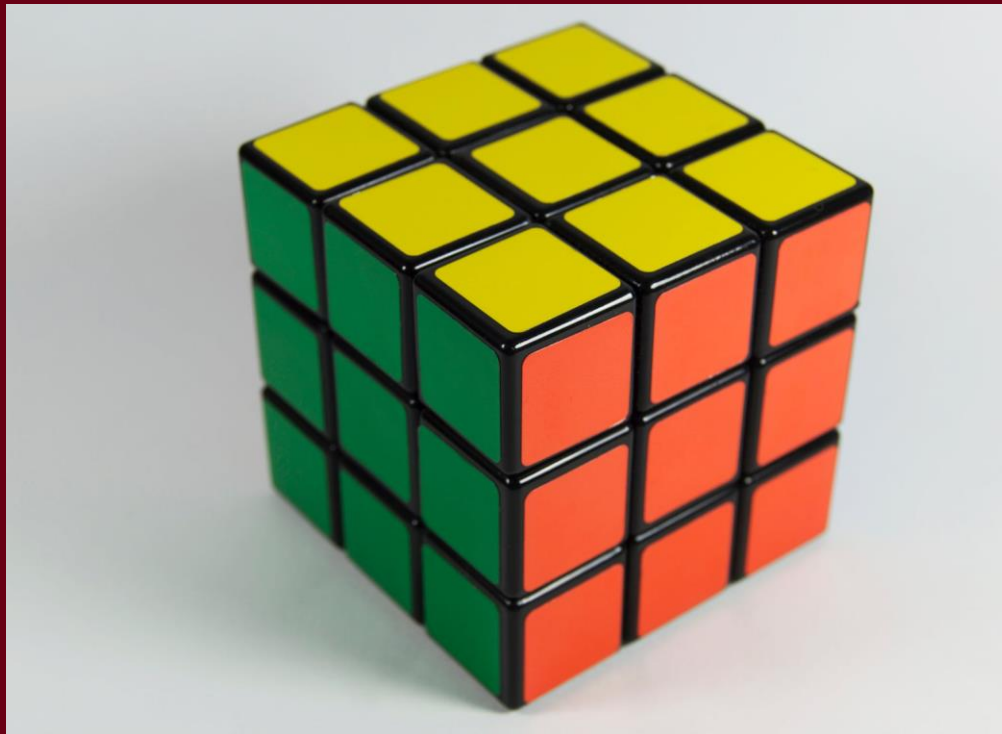
Support





Can you read these words?

Problems





Key Vocabulary



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Can you read these words?

Welcome

HELLO.



Story time!

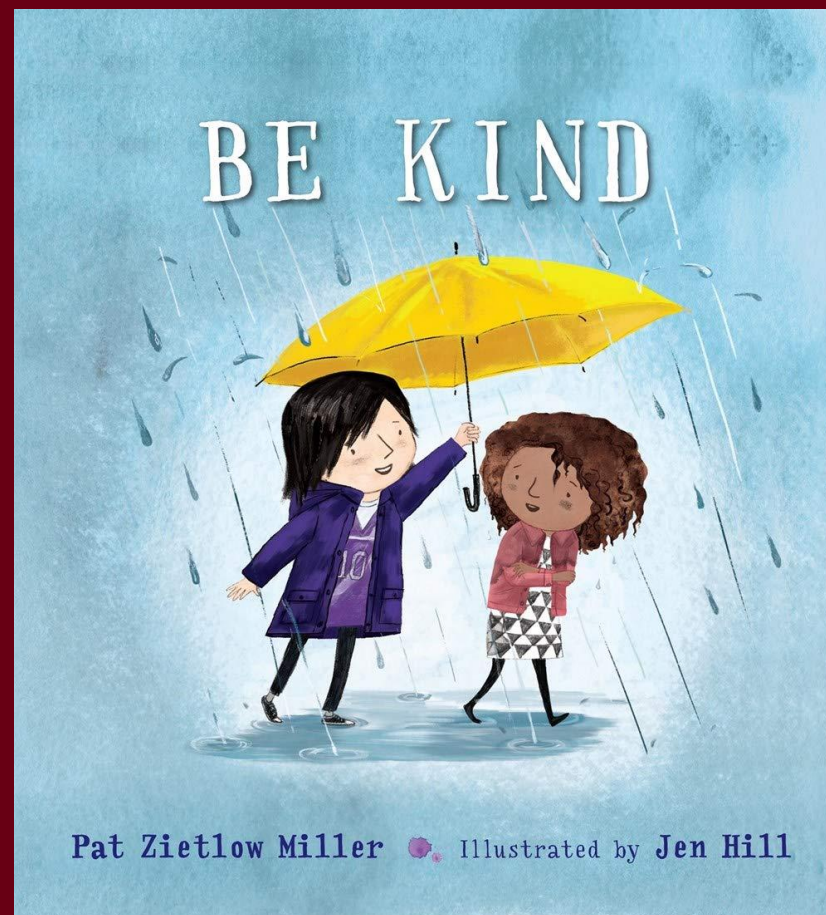


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Read book: Be Kind

By Pat Zietlow Miler





Story time!



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Read book: Be Kind By Pat Zietlow Miler

Was anyone unkind
in this book?

What should you do if
someone is unkind?

In the book, the other
children laugh at Tanisha;
how might she have felt?

What could you
have done to help
Tanisha?

How many examples of
kindness can you think of
from the story?



Thinking Time



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Can you think of a time when you were a good friend?





Thinking Time

What did you do to be kind?





Have you ever been a bad friend?

Here is an example:



“I was a bad friend once because I didn’t let Salim join in my game”



Thinking Time



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What could you do better next time?





Class Discussion



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Why is it so important to be kind to the people around us?





Class Discussion



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What can we do around school to be a good friend?






Individual Activity



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Look at this 'small acts of kindness' calendar








LITTLE ACTS OF  Kindness						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Pick up trash	2 Renew a friendship with someone	3 Set the table for dinner	4 Ask someone how they're doing and listen	5 Thank someone who's made a difference in your life	6 Help with the household chores
7 Offer to take care of your siblings	8 Spend some time with your family	9 Feed a meal to the homeless	10 Hold the door open for someone	11 Help your friends with a problem	12 Tell your parents how much you appreciate them	13 Return a shopping trolley
14 Help clear out trash in the house	15 Smile at someone	16 Complain less	17 Share your lunch/snacks with someone	18 Keep your things in their place after school	19 Wash the dishes after a family meal	20 Be patient with your siblings
21 Give hugs	22 Wish people a good day	23 Write notes to all the people you care about	24 Mind your manners in public and private places	25 Respect the speaker at mosque	26 Be polite to everyone you meet	27 Pick up after yourself at mosque
28 Genuinely compliment someone	29 Follow the rules at school or work.	30 Thank God for all your blessings	31 Keep your room tidy	"No act of kindness is ever wasted - no matter how small."		

Make a weekly plan for 'small acts of kindness' that you are going to try and do

Day	Monday	Tuesday	
Small act of kindness			
Who will it help?			

See next page for an example...

Example...

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Small act of kindness	<p>Take out the paper recycling in the classroom</p> 	<p>Make friends with a child in the playground who is on their own</p> 	<p>Write a note to my mum to say thank you for looking after me</p> 	<p>Ask someone <i>"How are you today"</i> and listen carefully to the answer</p> 	<p>Hold a door open for someone</p> 	<p>Do the washing up</p> 	<p>Be patient with my younger brother when they are being annoying</p> <p>I'll count to ten and then smile and be kind</p> 
Who will it help?	<p>My teacher, the school cleaner and my classmates, because they will have a nice clean classroom</p>	<p>Someone who might feel lonely because they will have a friend</p>	<p>My mum will feel appreciated</p>	<p>Whoever I ask will feel special and will know that I care about them</p>	<p>The people that can walk through will appreciate how much you care for them</p>	<p>My parents/carers can relax for 10 minutes and have a well-deserved break from their long list of chores</p>	<p>I will be a good role model for my brother - teaching him to be patient too.</p> <p>Little children don't mean to be annoying - they have a lot to learn!</p>

Activity - Create weekly plan for ‘small acts of kindness’ that we can do around school or at home

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Small act of kindness							
Who will it help?							



Key question



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What makes a good friend?

Make us feel
happy and
safe

Supporting
us

Trust

Respect

Welcoming

Honesty

Kindness

Sharing
interests and
experiences

Generosity